

Finding time for
QUALITY INTERACTIONS,
and allowing them
to happen.

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FINDING TIME FOR QUALITY INTERACTIONS AND ALLOWING THEM TO HAPPEN:

WEEK ONE...

- made an effort to spend more time observing interactions, and noticing my own interactions.

- found that there were quite a few factors which seemed to be inhibiting my efforts...

- time

- interruptions

- practise

- organisation

- awareness

WEEK TWO...

- looked at various ways to lessen group sizes during the day, in the hope that this would lessen interruptions.

- planned to try and use our dining area more frequently as an extension of our infant/toddler area.

- remove unnecessary clutter.

- reorganise storage shelf so that it can be used directly by the children.

- possibly do something with the gate between the two areas (at the moment it can't be secured when it's open).

- Hoped this would allow the children to have more space and increased opportunities for quality interactions between each other, and with teachers.

WEEK THREE CONTINUED....

- Following our Workshop 'I Want to eat my way'
with Diana and Maureen -

- started using two tables for the children at mealtimes.
- have everything we need for the meal beside us so we don't have to get up.

- the children drink from plastic 'glasses' with no lids - they pour their water from small jugs if they are able to.

→ whole experience is much more relaxed, the children have a lot more space, and are less worried about waiting about their turn. Interactions are far more positive.

CONCLUSION:

Lessening clutter, increasing organisation and space, and lowering group sizes has been like having a breath of fresh air in our centre.

I am now feeling that I am able to be far more receptive to quality interactions, and I don't feel so pressed for time.